College Knowledge

Virtual Meeting Adaptation: Troop leaders have shared that the most successful virtual meetings allow plenty of time for games and socialization. Consider splitting this meeting into four sessions using this framework.

Meeting Framework: 4 meetings, 90 minutes each

General Sequence	Meeting 1	Meeting 2	Meeting 3	Meeting 4
Welcome	Opening Ceremony (5 min)	Opening Ceremony (5 min)	Opening Ceremony (5 min)	Opening Ceremony (5 min)
Program Activity	Explore Your Options (40 min)	Try a Practice Interview (35 min)	Find a Scholarship (35 min)	Plan for Academic Integrity (30 min)
Social Activity	Find an online drawing tutorial and take it together to get inspired by digital-focused businesses (35 min)	Spa Night (40 min)	Build Healthy Habits (40 min)	Create a yoga routine that's inspired by your Girl Scout Experience. (45 min)
Closing	Closing Ceremony: Choose your activities for next time (10 min)	Closing Ceremony: Preparing a Stress Log (10 min)	Closing Ceremony: Friendship Circle (10 min)	Closing Ceremony: Friendship Circle (10 min)